

GAYLE'S Sandwiches

Italiano Ficelle

Salami, ham, provolone, pepperoncini, vinaigrette & mayo. 11.95

Turkey Cubano Ficelle

Jarlsberg cheese, dill pickle & chipotle mayo. 11.95

Caponata & Goat Cheese Ficelle

Laura Chanel goat cheese, housemade caponata with eggplant, currants, capers & zucchini, and arugula. Vegetarian 11.50

Marinated Chicken Breast Sandwich

On thick sliced Capitola sourdough with housemade mayo & a splash of lemon juice. 11.25

Turkey Club

Turkey, bacon, cheddar, lettuce, tomato & mayo on grilled sourdough. 12.50

BBQ Tri Tip

Grilled tri tip, crispy onions, lettuce, dill pickle, housemade bbq sauce & mayo on a Dutch crunch bun. 12.50

Open-Faced Ham & Brie

Thin slices of red onion, capers & herb mayo open faced on a sliced francese baguette. 8.25

Tuna & Cheddar

Albacore tuna salad with celery, red onion, cornichons & mayo, with cheddar & housemade pickles on wholesome wheat. 11.50

Green Goddess Veggie Club

Dill havarti, cheddar cheese, lettuce, tomato, alfalfa sprouts, cucumber, and green goddess mayo on toasted muelsi. Vegetarian 11.25

Vegan Power Wrap

Quinoa Power Salad, Red Pepper Cashew Spread, tamari almonds, cabbage, kale, avocado, cilantro, lime & Bitchin' sauce in a whole wheat tortilla. Vegan 10.95

Basil Chicken Salad Croissant

Roasted chicken, pesto mayo, celery, toasted walnuts & red onion. 12.50

GAYLE'S Salads

Kale & Lentils

With feta cheese, slivered almonds, green olives & scallions with a cumin/ lemon/ tahini dressing. Vegetarian
5.75 / 11.50 / 23.00

Grilled Polenta Salad

Fresh mozzarella, kalamata olives, baby spinach, tomatoes & basil, tossed with a red wine vinaigrette. Vegetarian 5.95 / 11.95 / 23.50

Caesar Pasta Salad

Penne rigate pasta, housemade croutons, romaine lettuce & shaved parmesan, with a creamy caesar dressing.
5.95 / 11.95 / 23.50

Fresh Fruit Salad

Seasonal, ripe fruit. Vegan
5.95 / 11.95 / 23.50

Fiesta Salad

A lively salad with cherry tomatoes, celery, garbanzo beans & black olives, tossed with a zesty dressing. Vegan
5.75 / 11.50 / 23.00

Gayle's Favorite Salad, Vegetarian
Romaine & spring mix, black olives, carrots, green onion, pickled beets, garbanzos, cucumbers & toasted sunflower seeds and a bright mustard vinaigrette (contains egg) 14.50

Bistro Salad, Vegetarian

With goat cheese, dried cranberries & spiced nuts. 14.50

Salmon Niçoise Salad

With green beans, red potatoes and hard-boiled egg. 17.95

Beets & Orange Salad

Roasted beets, orange segments, red onion, baby spinach and vinaigrette. Vegan 5.95 / 11.95 / 23.50

Crunchy Broccoli & Pecan Salad

Apples & gruyere cheese and a poppy seed dressing. Vegetarian 5.75 / 11.50 / 23.00

Power Quinoa Salad

Tumeric quinoa with spiced chickpeas, kale, broccoli, carrot, almonds and pickled red onion & a tangy vinaigrette. Vegan 5.95 / 11.95 / 23.50

Insalata Milanese

Shredded rotisserie chicken, carrot, arugula, celery, green olives, pepperoncini, jack cheese, cornichons & an herb vinaigrette. 5.95 / 11.95 / 23.50

Basil Chicken or Albacore Tuna

8.00 / 16.00 / 32.00

ENTRÉE SALADS

Sesame Chicken Salad

Romaine, oranges, almonds, cucumber, cilantro, scallions, marinated chicken breast & poppy seed dressing. 17.50

Caesar Salad 11.50

Housemade croutons & parmesan. with Chicken Breast 15.50

Chicken Capellini Salad

Grilled chicken breast, capellini pasta, cherry tomatoes, mozzarella cheese, garlic & fresh basil in a tomato vinaigrette. 16.95